

Dear Parent

Asthma is a common condition in childhood; most children who have asthma can control their symptoms with regular medication, and participate fully in day-to-day activities.

Some children with asthma can occasionally experience increased symptoms that mean they have to go to hospital for treatment.

**Our records show that in September, many more children go to hospital with increased asthma symptoms than at any other time of year.**

This increase in asthma symptoms may be due to the fact that some children experience fewer symptoms during the summer holidays, and sometimes forget to take their asthma medication regularly.

Ensuring your child takes their “preventer” asthma medication regularly during the summer holidays and throughout the year will help your child to control their asthma condition in the best possible way, and will also help us to reduce hospital admissions linked to asthma.

If you have any questions about this letter please discuss it with your local doctor or paediatrician.

Yours sincerely

Yorkshire and Humber Regional Asthma Impact Project Steering Group Members.

